

Fig 2 Representations of quality of evidence and strength of recommendations

Quality of evidence	
High quality	⊕ ⊕ ⊕ ⊕ or A
Moderate quality	⊕ ⊕ ⊕ ○ or B
Low quality	⊕ ⊕ ○ ○ or C
Very low quality	⊕ ○ ○ ○ or D

Strength of recommendation	
Strong recommendation for using an intervention	↑ ↑ or 1
Weak recommendation for using an intervention	↑ ? or 2
Weak recommendation against using an intervention	↓ ? or 2
Strong recommendation against using an intervention	↓ ↓ or 1

Guyatt, G. H et al. *BMJ* 2008;336:1049-1051